

Read, Watch, Talk HOPE!

Family Conversation-Starters We Love



When you finish a book, show or movie with your child, try asking these questions to keep the hope conversation going...

- Who was your favorite character, and what did they want more than anything? (what was their goal?)
- Did they encounter any tough problems in their pursuit of their goal (barriers!), and what were they?
- How do you think they felt when _____ happened? (Name something that seemed overwhelming. Usually, this is the climax of the movie or book! It's the moment we wonder if the character will give up or find a way to push through and triumph.)
- Can you think of a time in our family when we've had something difficult happen and you had similar feelings?
- Did anyone help the main character in their journey to their goal? (Identifying community/pathways.)
- Were there different steps they needed to take to reach their ultimate goal? (Problem-solving/regoining.)
- Do you have people in your life you can lean on when you need help? Who are they?
- How do you think the main character felt at the end of the story? Have you had those feelings in your life?
- What do you think the character learned about himself/herself while going through struggles?
- Would you have changed anything about the movie/book? If, so, what? Can you imagine a different ending?



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