

About HOPE RISING

More than 2,000 studies have shown that hope is the single greatest predictor of success in education, work, health, mental health, social relationships, family and trauma recovery. Hope impacts *everything* that matters to us. If we truly want more for our communities—and for Oklahoma—we should be measuring, nurturing and building hope in every sector.

That's where Hope Rising Oklahoma comes in.

Our Mission: We empower people, families and communities to better their lives through the science of hope.

Hope Rising Oklahoma offers an evidence-based, accessible, teachable method for raising hope levels in ourselves and those we lead and serve. Whether you're a private sector executive, a nonprofit leader, an educator or a healthcare provider, you can use the science of hope to impact your outcomes and create exciting, lasting change.

Hope Rising is spreading across Oklahoma! Community leaders across the state are partnering with Hope Rising Oklahoma to bring hope-based training and support to their communities.

Learn more at hoperisingoklahoma.org.

